



PRODUCT RECOMMENDATIONS



From the Founder

Rusty Barnes, CPDT-KA

As consumer spending on pet supplies continues its upward trend to more than \$15 billion each year, the shelves of pet stores are becoming increasingly crowded with new items.

While many of these products make training easier for you, some can be detrimental to your dog's physical and behavioral health. To help you navigate a confusing marketplace, this recommendation guide helps point you toward the best product for your dog at the lowest price and ease of use for you.

Most of the products in this guide can be found in your local pet store or delivered to your door via Amazon. Please remember to monitor your dogs for safety when using any pet product, and always consult with a veterinarian before using something that can affect your dog's physical health.

SUGGESTED LOCAL RETAILERS

[Pet Food Express \(various\)](#)

[PetVet PetFood \(Oakland\)](#)

[Paws & Claws \(Oakland\)](#)

[Holistic Hound \(Berkeley\)](#)

[George \(Berkeley\)](#)

FOR TRAINING

From high value treats to safety tools and the latest in technology, these products can jump-start training and prevent nuisance behaviors.

TREATS

- Plato Real Strips
- Stella & Chewy's Meal Mixers
- Vital Essentials Freeze Dried Treats
- ZiwiPeak Air Dried Dog Food
- Bixbi Pocket Trainers and Bark Pops



POUCHES

- PetSafe Treat Pouch Sport
- Doggone Good Rapid Rewards
- Paw Lifestyles Pouch



SAFETY AND MANAGEMENT

- Crate
- Baskerville Ultra Muzzle
- Home Monitoring Camera



TECHNOLOGY

- Treat & Train
- Pet Tutor
- PupPod Wobbler



WHAT TO AVOID

- Any products sourced from China
- Foods cooked at high temperatures or multiple times
- Allergens*
- Underground fences
- Tie outs
- Corrector spray

*All nutrition related questions should be directed to your veterinarian.

FOR WALKING

Take your loose-leash walking skills to the next level with these products that facilitate tension free strolls around the block.

HARNESSES AND HALTERS

1. Ruffwear's Front Range Harness
2. Clean Run's Perfect Fit Modular Harness
3. Halti
4. Gentle Leader
5. Freedom's No Pull Harness



3.



5.

LEADS

1. Standard 6-foot
2. Long Line
3. Blue-9 Multi-function Leash



1.



2.



3.

WHAT TO AVOID

Prong collars, choke chains, citronella collars, bark collars, electronic shock or "e"-collars, underground fences, and anything else that "teaches" a dog to avoid something because it feels unpleasant. As dogs learn by association, anything present in their environment when feeling the pain of one of these devices can take on an aversive association — other dogs, children, strangers, bicycles, to name a few. When this happens, a dog's desire to avoid the pain of these devices can be transferred to a desire to avoid things in the environment. This leads to aggression toward those things, as the dog attempts to prevent them from causing it pain. Not only do these tools fail to show your dog what the right behavior is to perform, they adversely affect your relationship with your dog and can lead to physical health issues, including skin punctures, spinal chord problems and collapsed tracheas. We also strongly advise against the use of retractable or "flexi" leashes.

FOR FUN

From work-to-eat puzzles to games like tug and fetch, these products give dogs an appropriate mental and physical outlet for behaviors which are normal to their species.

FOOD-DISPENSING TOYS

Left to right: Planet Dog Orbee and Snoop; Spunky Pup Treat Holding Play Toy



CHEW TOYS

Left to right: Himalayan Chews, Bully Sticks, Antlers



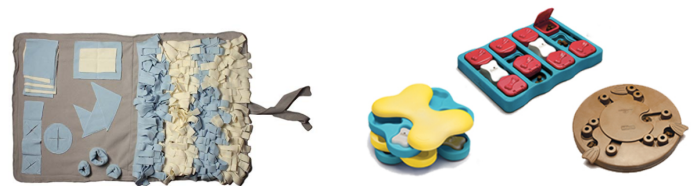
PLAY TOYS

Left to right: Chuckit! Launcher, Tug Rope, Flirt Pole



MENTAL ENRICHMENT

Left to right: Snuffle Mat, Nina Ottoson Puzzles



MISCELLANEOUS

Last but certainly not least, a collection of our honorable mention products.

1. Clicker
2. Thundershirt
3. Aquapaw Bathing Tool and Wall-Mounted Treat Licker
4. FITbone and FitPAWS paw pods
5. KLIMB



1.



2.



4.



3.



5.

LOOKING FOR A TRAINER?

SIGN UP FOR A FREE MEET AND GREET

www.pawgress.dog

Instagram: [@pawgress.dog](https://www.instagram.com/pawgress.dog)